Supplementary Table 1: Two classifications for ideal Cardiovascular Health (CVH)

Classification	Poor CVH (0-2 ideal metrics)	Intermediate CVH (3-4 ideal	Ideal CVH (5-7		
one ⁸⁻¹⁰		metrics)	metrics)		
	The seven CVH items were dichotomised (1=ideal, 0=not ideal), and grouped into 0-2,				
	3-4, and 5-7 ideal CVH metrics; 5-7 ideal metrics includes the absence of any previous				
	cardiovascular disease (CVD)				
Classification	Poor CVH	Intermediate CVH	Ideal CVH		
two ^{8,13}					
	at least 1 of 7 CVH metrics at	at least 1 of 7 CVH metrics at	All 7 CVH metrics at		
	a poor level in participants	intermediate levels, no poor	ideal levels in the		
	without a CVD history or at	CVH metrics in participants	absence of CVD		
	least 1 metric is intermediate	without CVD history or if all 7			
	or poor among persons with a	CVH metrics are ideal among			
	CVD history	persons with a CVD history			

Supplementary Table 2: Comparison of sociodemographic characteristics of participants with and without complete AHA metrics data

Variable	With complete AHA	Missing AHA	Chi-
	metrics data	metrics data	square <i>p</i> -
	(n=2688)	(n=341)	value
Age in years	39.4 (13.6)	41.1 (15.8)	0.030
Sex			
Female	90.3	9.7	0.015
Male	87.5	12.5	
Education			
<high school<="" td=""><td>89.7</td><td>10.3</td><td>0.287</td></high>	89.7	10.3	0.287
High school	89.4	10.6	
>High school	87.2	12.8	
Household income (US\$)			
<10000	89.7	10.3	0.613
≥10000	89.4	10.6	
Do not know/refused response	88.4	11.6	
Work status			
Employed	89.1	10.9	0.965
Unemployed	89.5	10.5	
Other	89.0	11.0	
Ethnicity			
Other	87.1	12.9	0.542
Marshallese	89.2	10.8	

^{© 2022} Pengpid S. and Peltzer K.