

**Supplemental Table 1: Webpage URLs and Names (N=255)**

<b>URL</b>	<b>Name of Organization</b>
<a href="https://www.aarp.org/health/healthy-living/info-2021/forest-bathing-mental-health.html">https://www.aarp.org/health/healthy-living/info-2021/forest-bathing-mental-health.html</a>	AARP (American Association of Retired Persons)
<a href="https://www.ableto.com/resources/12-ideas-to-enjoy-nature-and-reduce-stress/">https://www.ableto.com/resources/12-ideas-to-enjoy-nature-and-reduce-stress/</a>	AbleTo
<a href="https://www.mentalhelp.net/stress/natural-environments-for-stress-reduction/">https://www.mentalhelp.net/stress/natural-environments-for-stress-reduction/</a>	American Addiction Centers Inc.
<a href="https://www.heart.org/en/healthy-living/healthy-lifestyle/stress-management/spend-time-in-nature-to-reduce-stress-and-anxiety">https://www.heart.org/en/healthy-living/healthy-lifestyle/stress-management/spend-time-in-nature-to-reduce-stress-and-anxiety</a>	American Heart Association
<a href="https://ajph.aphapublications.org/doi/10.2105/AJPH.2014.302526">https://ajph.aphapublications.org/doi/10.2105/AJPH.2014.302526</a>	American Journal of Public Health
<a href="https://www.fs.fed.us/nrs/pubs/jrnl/2015/nrs_2015_south_001.pdf">https://www.fs.fed.us/nrs/pubs/jrnl/2015/nrs_2015_south_001.pdf</a>	American Journal of Public Health
<a href="https://www.apa.org/monitor/2020/04/nurtured-nature">https://www.apa.org/monitor/2020/04/nurtured-nature</a>	American Psychological Association
<a href="https://www.apha.org/news-and-media/news-releases/apha-news-releases/2020/nature-can-boost-mental-health">https://www.apha.org/news-and-media/news-releases/apha-news-releases/2020/nature-can-boost-mental-health</a>	American Public Health Association
<a href="https://www.tandfonline.com/doi/abs/10.1080/11745398.2019.1655459?journalCode=rantz20">https://www.tandfonline.com/doi/abs/10.1080/11745398.2019.1655459?journalCode=rantz20</a>	Annals of Leisure Research
<a href="https://www.outdoors.org/resources/amc-outdoors/health-and-safety/how-being-outdoors-can-relieve-stress-and-anxiety/">https://www.outdoors.org/resources/amc-outdoors/health-and-safety/how-being-outdoors-can-relieve-stress-and-anxiety/</a>	Appalachian Mountain Club
<a href="https://asknature.org/collection/deal-with-stress/">https://asknature.org/collection/deal-with-stress/</a>	Ask Nature
<a href="https://bangordailynews.com/2021/08/19/homestead/the-trick-to-curbing-stress-and-anxiety-could-be-as-simple-as-going-outside/">https://bangordailynews.com/2021/08/19/homestead/the-trick-to-curbing-stress-and-anxiety-could-be-as-simple-as-going-outside/</a>	Bangor Daily News
<a href="https://www.discoverwildlife.com/people/books-mental-health-nature/">https://www.discoverwildlife.com/people/books-mental-health-nature/</a>	BBC Discover Wildlife
<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5981243/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5981243/</a>	Behavioral Sciences
<a href="https://www.bestnotes.com/the-power-of-outdoors-for-mental-health-treatment/">https://www.bestnotes.com/the-power-of-outdoors-for-mental-health-treatment/</a>	Best Notes
<a href="https://www.bhg.com/health-family/mind-body-spirit/nature-lower-stress/">https://www.bhg.com/health-family/mind-body-spirit/nature-lower-stress/</a>	Better Homes and Gardens
<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5663018/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5663018/</a>	BJPsych International
<a href="https://briangrant.org/mental-health-benefits-of-being-outdoors-2/">https://briangrant.org/mental-health-benefits-of-being-outdoors-2/</a>	Brian Grant Foundation
<a href="https://besjournals.onlinelibrary.wiley.com/doi/full/10.1002/pan3.10218">https://besjournals.onlinelibrary.wiley.com/doi/full/10.1002/pan3.10218</a>	British Ecological Society
<a href="https://www.bhf.org.uk/information-support/heart-matters-magazine/wellbeing/ways-to-reduce-stress-by-enjoying-nature">https://www.bhf.org.uk/information-support/heart-matters-magazine/wellbeing/ways-to-reduce-stress-by-enjoying-nature</a>	British Heart Foundation
<a href="https://www.businessinsider.com/why-spending-more-time-outside-is-healthy-2017-7">https://www.businessinsider.com/why-spending-more-time-outside-is-healthy-2017-7</a>	Business Insider
<a href="https://cmha.ca/mental-health-and-the-great-outdoors/">https://cmha.ca/mental-health-and-the-great-outdoors/</a>	Canadian Mental Health Association
<a href="https://www.carsondesign.com/2017/06/taking-your-work-outside/">https://www.carsondesign.com/2017/06/taking-your-work-outside/</a>	Carson Design Associates
<a href="https://www.cdc.gov/cancer/skin/basic_info/outdoors.htm">https://www.cdc.gov/cancer/skin/basic_info/outdoors.htm</a>	Centers for Disease Control and Prevention
<a href="https://www.cdc.gov/pcd/issues/2020/20_0204.htm">https://www.cdc.gov/pcd/issues/2020/20_0204.htm</a>	Centers for Disease Control and Prevention

<a href="https://www.camh.ca/en/camh-news-and-stories/nature-can-have-a-nurturing-effect-on-your-mental-health">https://www.camh.ca/en/camh-news-and-stories/nature-can-have-a-nurturing-effect-on-your-mental-health</a>	Center for Addiction and Mental Health
<a href="http://challengethestorm.org/the-mental-health-benefits-of-spending-time-outdoors/">http://challengethestorm.org/the-mental-health-benefits-of-spending-time-outdoors/</a>	Challenge the Storm
<a href="https://childmind.org/article/why-kids-need-to-spend-time-in-nature/">https://childmind.org/article/why-kids-need-to-spend-time-in-nature/</a>	Child Mind Institute
<a href="https://childhoodbynature.com/how-to-reduce-stress-for-your-child/">https://childhoodbynature.com/how-to-reduce-stress-for-your-child/</a>	Childhood by Nature
<a href="https://research.childrenandnature.org/research/participating-in-outdoor-education-classes-on-a-regular-basis-has-a-positive-effect-on-childrens-stress-responses/">https://research.childrenandnature.org/research/participating-in-outdoor-education-classes-on-a-regular-basis-has-a-positive-effect-on-childrens-stress-responses/</a>	Children Nature Network
<a href="https://www.choosingtherapy.com/nature-mental-health/">https://www.choosingtherapy.com/nature-mental-health/</a>	Choosing Therapy
<a href="https://my.clevelandclinic.org/health/articles/8133-stress-10-ways-to-ease-stress">https://my.clevelandclinic.org/health/articles/8133-stress-10-ways-to-ease-stress</a>	Cleveland Clinic
<a href="https://www.bostonfed.org/-/media/Documents/cb/greening-the-city-for-health.pdf">https://www.bostonfed.org/-/media/Documents/cb/greening-the-city-for-health.pdf</a>	Communities & Banking by the Federal Reserve Bank of Boston
<a href="https://www.vet.cornell.edu/news/20200225/spending-time-nature-reduces-stress-and-anxiety">https://www.vet.cornell.edu/news/20200225/spending-time-nature-reduces-stress-and-anxiety</a>	Cornell University
<a href="https://www.cotswoldoutdoor.us/the-knowledge/7-reasons-why-getting-outside-is-great-for-your-mental-health.html">https://www.cotswoldoutdoor.us/the-knowledge/7-reasons-why-getting-outside-is-great-for-your-mental-health.html</a>	Cotswold Outdoor
<a href="https://davidsuzuki.org/wp-content/uploads/2017/09/impact-green-space-heat-air-pollution-urban-communities.pdf">https://davidsuzuki.org/wp-content/uploads/2017/09/impact-green-space-heat-air-pollution-urban-communities.pdf</a>	David Suzuki Foundation
<a href="https://www.dayton.com/what-to-do/get-fit-manage-stress-by-taking-your-next-workout-outdoors/CPV4L37NJBGKXO45H5W2QEJOSI/">https://www.dayton.com/what-to-do/get-fit-manage-stress-by-taking-your-next-workout-outdoors/CPV4L37NJBGKXO45H5W2QEJOSI/</a>	Dayton.Com
<a href="https://www.freep.com/story/news/local/michigan/2019/04/04/stress-blood-pressure-cholesterol-nature/3362288002/">https://www.freep.com/story/news/local/michigan/2019/04/04/stress-blood-pressure-cholesterol-nature/3362288002/</a>	Detroit Press
<a href="https://www.dovepress.com/value-of-urban-green-spaces-in-promoting-healthy-living-and-wellbeing--peer-reviewed-fulltext-article-RMHP">https://www.dovepress.com/value-of-urban-green-spaces-in-promoting-healthy-living-and-wellbeing--peer-reviewed-fulltext-article-RMHP</a>	Dove Press
<a href="https://www.eachmindmatters.org/action-items/reconnect-nature-mental-health/">https://www.eachmindmatters.org/action-items/reconnect-nature-mental-health/</a>	Each Mind Matters
<a href="https://earthobservatory.nasa.gov/images/145305/green-space-is-good-for-mental-health">https://earthobservatory.nasa.gov/images/145305/green-space-is-good-for-mental-health</a>	Earth Observatory/NASA
<a href="https://www.eatingwell.com/article/7871527/how-going-outside-can-improve-mental-health/">https://www.eatingwell.com/article/7871527/how-going-outside-can-improve-mental-health/</a>	EatingWell
<a href="https://ecohappinessproject.com/playing-outside/">https://ecohappinessproject.com/playing-outside/</a>	Echo Happiness Project
<a href="https://www.ecori.org/public-safety/2021/5/25/green-space-improves-individual-community-mental-health">https://www.ecori.org/public-safety/2021/5/25/green-space-improves-individual-community-mental-health</a>	Ecori News
<a href="https://esajournals.onlinelibrary.wiley.com/doi/full/10.1002/eap.2247">https://esajournals.onlinelibrary.wiley.com/doi/full/10.1002/eap.2247</a>	Ecological Applications
<a href="https://www.eehealth.org/blog/2020/10/take-a-hike-relax-in-nature/">https://www.eehealth.org/blog/2020/10/take-a-hike-relax-in-nature/</a>	Edward-Elmhurst Health
<a href="https://www.researchgate.net/publication/238623682">https://www.researchgate.net/publication/238623682</a>	Engineering Green: Proceedings of the 11 <sup>th</sup> National Urban Forest Conference
<a href="https://environmentalevidencejournal.biomedcentral.com/articles/10.1186/s13750-021-00226-y">https://environmentalevidencejournal.biomedcentral.com/articles/10.1186/s13750-021-00226-y</a>	Environmental Evidence
<a href="https://www.sciencedirect.com/science/article/pii/S0160412021002890">https://www.sciencedirect.com/science/article/pii/S0160412021002890</a>	Environment International
<a href="https://www.epa.gov/green-infrastructure/reduce-urban-heat-island-effect">https://www.epa.gov/green-infrastructure/reduce-urban-heat-island-effect</a>	Environmental Protection Agency
<a href="https://iopscience.iop.org/article/10.1088/1748-9326/ab7f64">https://iopscience.iop.org/article/10.1088/1748-9326/ab7f64</a>	Environmental Research Letters

<a href="https://pubs.acs.org/doi/10.1021/es403688w">https://pubs.acs.org/doi/10.1021/es403688w</a>	Environmental Science and Technology
<a href="https://www.envolvehealth.com/news/five-ways-to-engage-with-nature-to-help-reduce-stress.html">https://www.envolvehealth.com/news/five-ways-to-engage-with-nature-to-help-reduce-stress.html</a>	Envolve Health
<a href="https://epjdatascience.springeropen.com/articles/10.1140/epjds/s13688-021-00278-7">https://epjdatascience.springeropen.com/articles/10.1140/epjds/s13688-021-00278-7</a>	EPJ Data Science
<a href="https://www.eurekalert.org/news-releases/606454">https://www.eurekalert.org/news-releases/606454</a>	EurekAlert American Association for the Advancement of Science (AAAS)
<a href="https://www.euronews.com/green/2020/12/30/over-60-of-adults-find-relief-from-covid-stress-in-nature">https://www.euronews.com/green/2020/12/30/over-60-of-adults-find-relief-from-covid-stress-in-nature</a>	Euro News Green
<a href="https://ec.europa.eu/environment/nature/ecosystems/pdf/Green%20Infrastructure/GI_health.pdf">https://ec.europa.eu/environment/nature/ecosystems/pdf/Green%20Infrastructure/GI_health.pdf</a>	European Commission
<a href="https://www.everydaycalifornia.com/blogs/everyday-thoughts/17-best-exercise-outdoor-activities-for-mental-health">https://www.everydaycalifornia.com/blogs/everyday-thoughts/17-best-exercise-outdoor-activities-for-mental-health</a>	Everyday California
<a href="https://www.everydayhealth.com/self-care/why-the-sounds-of-nature-are-so-good-for-health-and-wellbeing/">https://www.everydayhealth.com/self-care/why-the-sounds-of-nature-are-so-good-for-health-and-wellbeing/</a>	Everyday Health
<a href="https://foh.psc.gov/calendar/recharge">https://foh.psc.gov/calendar/recharge</a>	Federal Occupational Health
<a href="https://www.metroparks.org/5-ways-to-boost-your-mental-health-with-help-from-the-great-outdoors/">https://www.metroparks.org/5-ways-to-boost-your-mental-health-with-help-from-the-great-outdoors/</a>	Five Rivers Metroparks
<a href="https://www.forbes.com/sites/bryanrobinson/2019/11/09/de-stress-with-nature-bathing-when-job-p pressures-are-too-much/">https://www.forbes.com/sites/bryanrobinson/2019/11/09/de-stress-with-nature-bathing-when-job-p pressures-are-too-much/</a>	Forbes
<a href="https://www.forbes.com/sites/cassidyrandall/2020/04/09/why-going-outside-is-good-for-your-health-especially-right-now/">https://www.forbes.com/sites/cassidyrandall/2020/04/09/why-going-outside-is-good-for-your-health-especially-right-now/</a>	Forbes
<a href="https://www.forbes.com/sites/jackierocheleau/2020/11/11/nature-is-good-for-your-mental-health-sometimes/">https://www.forbes.com/sites/jackierocheleau/2020/11/11/nature-is-good-for-your-mental-health-sometimes/</a>	Forbes
<a href="https://www.fox17online.com/rebound/rebound-the-power-of-the-great-outdoors-and-improved-mental-health">https://www.fox17online.com/rebound/rebound-the-power-of-the-great-outdoors-and-improved-mental-health</a>	FOX17
<a href="https://www.frontiersin.org/articles/10.3389/fpubh.2021.561809/full">https://www.frontiersin.org/articles/10.3389/fpubh.2021.561809/full</a>	Frontiers in Public Health
<a href="https://www.frontiersin.org/articles/10.3389/fpsyg.2014.01178/full">https://www.frontiersin.org/articles/10.3389/fpsyg.2014.01178/full</a>	Frontiers in Psychology
<a href="https://www.frontiersin.org/articles/10.3389/fpsyg.2019.00722/full">https://www.frontiersin.org/articles/10.3389/fpsyg.2019.00722/full</a>	Frontiers in Psychology
<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4204431/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4204431/</a>	Frontiers in psychology
<a href="https://www.frontiersin.org/articles/10.3389/fpsyg.2018.02320/full">https://www.frontiersin.org/articles/10.3389/fpsyg.2018.02320/full</a>	Frontiers in Psychology
<a href="https://www.frontiersin.org/articles/10.3389/fpsyg.2019.02942/full">https://www.frontiersin.org/articles/10.3389/fpsyg.2019.02942/full</a>	Frontiers in Psychology
<a href="https://www.futurity.org/nature-stress-hormones-2333762/">https://www.futurity.org/nature-stress-hormones-2333762/</a>	Futurity
<a href="https://www.gardenstatepain.com/blog/outdoor-activities-for-relieving-stress-pain">https://www.gardenstatepain.com/blog/outdoor-activities-for-relieving-stress-pain</a>	Garden State Pain Patrol
<a href="https://gizmodo.com/the-potential-of-green-urban-planning-for-mental-health-1839140722">https://gizmodo.com/the-potential-of-green-urban-planning-for-mental-health-1839140722</a>	Gizmodo
<a href="https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/resources/mental+health+and+nature+discussion+paper+summary">https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/resources/mental+health+and+nature+discussion+paper+summary</a>	Government of South Australia
<a href="https://www.greendoorththerapy.com/post/relieve-stress-in-nature-tips-for-practicing-mindfulness-outdoors">https://www.greendoorththerapy.com/post/relieve-stress-in-nature-tips-for-practicing-mindfulness-outdoors</a>	Green Door Therapy
<a href="https://greenheartlouisville.com/learn/">https://greenheartlouisville.com/learn/</a>	Green Heart Louisville

<a href="https://www.greenmatters.com/home/2018/07/23/Z1Acmx2/urban-green-spaces-philadelphia-study">https://www.greenmatters.com/home/2018/07/23/Z1Acmx2/urban-green-spaces-philadelphia-study</a>	Green Matters
<a href="https://www.happify.com/hd/how-being-in-nature-can-reduce-your-stress/">https://www.happify.com/hd/how-being-in-nature-can-reduce-your-stress/</a>	Happify Daily
<a href="https://hbr.org/2021/01/7-ways-to-de-stress-when-you-cant-go-outside">https://hbr.org/2021/01/7-ways-to-de-stress-when-you-cant-go-outside</a>	Harvard Business Review
<a href="https://www.health.harvard.edu/mind-and-mood/sour-mood-getting-you-down-get-back-to-nature">https://www.health.harvard.edu/mind-and-mood/sour-mood-getting-you-down-get-back-to-nature</a>	Harvard Health Publishing
<a href="https://www.health.harvard.edu/mind-and-mood/a-20-minute-nature-break-relieves-stress">https://www.health.harvard.edu/mind-and-mood/a-20-minute-nature-break-relieves-stress</a>	Harvard Medical School
<a href="https://www.hsph.harvard.edu/c-change/subtopics/green-spaces-health-2/">https://www.hsph.harvard.edu/c-change/subtopics/green-spaces-health-2/</a>	Harvard School of Public Health
<a href="https://www.healio.com/news/psychiatry/20190726/urban-green-spaces-appear-to-offer-mental-health-benefits">https://www.healio.com/news/psychiatry/20190726/urban-green-spaces-appear-to-offer-mental-health-benefits</a>	Healio
<a href="https://www.fs.fed.us/nrs/pubs/jrnl/2018/nrs_2018_kondo_004.pdf">https://www.fs.fed.us/nrs/pubs/jrnl/2018/nrs_2018_kondo_004.pdf</a>	Health and Place
<a href="https://pubmed.ncbi.nlm.nih.gov/29604546/">https://pubmed.ncbi.nlm.nih.gov/29604546/</a>	Health and Place
<a href="https://www.researchgate.net/publication/324122263">https://www.researchgate.net/publication/324122263</a>	Health and Place
<a href="https://www.sciencedirect.com/science/article/abs/pii/S1353829219302138">https://www.sciencedirect.com/science/article/abs/pii/S1353829219302138</a>	Health and Place
<a href="https://healthmatters.wphospital.org/blog/january/2021/my-doctor-told-me-to-get-outside/">https://healthmatters.wphospital.org/blog/january/2021/my-doctor-told-me-to-get-outside/</a>	Health Matters
<a href="https://www.healthline.com/nutrition/16-ways-relieve-stress-anxiety">https://www.healthline.com/nutrition/16-ways-relieve-stress-anxiety</a>	Healthline
<a href="https://www.hindustantimes.com/fitness/urban-green-spaces-in-vacant-lots-can-reduce-depression-and-anxiety/story-tBL4AmWH5jcf9SN86G7DyL.html">https://www.hindustantimes.com/fitness/urban-green-spaces-in-vacant-lots-can-reduce-depression-and-anxiety/story-tBL4AmWH5jcf9SN86G7DyL.html</a>	Hindustan Times
<a href="https://ieep.eu/publications/mental-health-and-the-environment-bringing-nature-back-into-people-s-lives">https://ieep.eu/publications/mental-health-and-the-environment-bringing-nature-back-into-people-s-lives</a>	Institute for European Environmental Policy
<a href="https://intermountainhealthcare.org/blogs/topics/covid-19/2020/04/when-youre-stressed-go-outside/">https://intermountainhealthcare.org/blogs/topics/covid-19/2020/04/when-youre-stressed-go-outside/</a>	Intermountain Healthcare
<a href="https://www.mdpi.com/1660-4601/15/3/445/pdf">https://www.mdpi.com/1660-4601/15/3/445/pdf</a>	International Journal of Environmental Research and Public Health
<a href="https://www.mdpi.com/1660-4601/18/10/5146/pdf">https://www.mdpi.com/1660-4601/18/10/5146/pdf</a>	International Journal of Environmental Research and Public Health
<a href="https://www.mdpi.com/1660-4601/18/5/2506">https://www.mdpi.com/1660-4601/18/5/2506</a>	International Journal of Environmental Research and Public Health
<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5876990/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5876990/</a>	International Journal of Environmental Research and Public Health
<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7557737/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7557737/</a>	International Journal of Environmental Research and Public Health
<a href="https://www.isglobal.org/en/healthisglobal/-/custom-blog-portlet/espacios-verdes-un-recurso-para-la-salud-mental/6113078/0">https://www.isglobal.org/en/healthisglobal/-/custom-blog-portlet/espacios-verdes-un-recurso-para-la-salud-mental/6113078/0</a>	IS Global
<a href="https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2739050">https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2739050</a>	JAMA Network
<a href="https://www.hindawi.com/journals/jad/2020/1892390/">https://www.hindawi.com/journals/jad/2020/1892390/</a>	Journal of Addiction

<a href="http://www.tlu.ee/~arro/Happy%20Space%20EKA%202014/urban%20green_stress%20Ojala%20jt.pdf">http://www.tlu.ee/~arro/Happy%20Space%20EKA%202014/urban%20green_stress%20Ojala%20jt.pdf</a>	Journal of Environmental Psychology
<a href="https://jech.bmj.com/content/74/1/48">https://jech.bmj.com/content/74/1/48</a>	Journal of Epidemiology & Community Health
<a href="https://www.nature.com/articles/s41370-021-00349-x">https://www.nature.com/articles/s41370-021-00349-x</a>	Journal of Exposure Science & Environmental Epidemiology
<a href="https://www.tandfonline.com/doi/abs/10.1080/09638237.2020.1755027">https://www.tandfonline.com/doi/abs/10.1080/09638237.2020.1755027</a>	Journal of Mental Health
<a href="https://katu.com/features/travel-oregon/getting-outdoors-is-critical-for-mental-health-experts-say">https://katu.com/features/travel-oregon/getting-outdoors-is-critical-for-mental-health-experts-say</a>	KATU2
<a href="https://kentuckycounselingcenter.com/nature-vs-nurture-in-mental-health/">https://kentuckycounselingcenter.com/nature-vs-nurture-in-mental-health/</a>	Kentucky Counseling Center
<a href="https://www.kentuckyliving.com/explore/go-outdoors-in-times-of-stress">https://www.kentuckyliving.com/explore/go-outdoors-in-times-of-stress</a>	Kentucky Living
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<a href="https://greatergood.berkeley.edu/article/item/how_nature_makes_you_kinder_happier_more_creative">https://greatergood.berkeley.edu/article/item/how_nature_makes_you_kinder_happier_more_creative</a>	University of California Berkeley
<a href="https://aces.illinois.edu/news/researchers-call-urban-greening-improve-mental-health">https://aces.illinois.edu/news/researchers-call-urban-greening-improve-mental-health</a>	University of Illinois Urbana-Champaign
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<a href="https://www.sciencedirect.com/science/article/abs/pii/S1618866704700199">https://www.sciencedirect.com/science/article/abs/pii/S1618866704700199</a>	Urban Forestry and Urban Greening
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<a href="https://www.webmd.com/balance/ss/slideshow-health-benefits-nature">https://www.webmd.com/balance/ss/slideshow-health-benefits-nature</a>	WebMD
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